

# Jaclyn Inel Hadfield, Ph.D.

Louisiana State University  
School of Kinesiology  
Baton Rouge, Louisiana  
Email: [jaclynhadfield@lsu.edu](mailto:jaclynhadfield@lsu.edu)

## EDUCATION

---

<b>Indiana University - Bloomington</b> Department of Applied Health Science PhD. in Health Behavior	Bloomington, Indiana 2020
<b>Indiana University - Bloomington</b> Department of Kinesiology M.S. in Physical Activity, Fitness, and Wellness	Bloomington, Indiana 2016
<b>Southern Illinois University</b> College of Business and Analytics B.S. in Hospitality and Tourism Administration	Carbondale, Illinois 2014

## FUNDING

---

**Hadfield, J.I.**, “Cross-culture comparison of Women’s body image and exercise culture.” American Association of University Women Short-term Research Publication Grant. Total: \$8,000. (2025 awarded).

**Hadfield, J.I.** LSU Provost Travel Award. Total: \$1,000. (2025 awarded).

Toselli, S., **Hadfield, J.I.** (Co-I), “Transcultural research collaboration to identify sociocultural factors associated with the health and physical activity of Italian and American adult women.” Università di Bologna Incentive for International Collaboration. Total: 10,000 euros. (2025 awarded)

**Hadfield, J.I. (PI)**, “An exploration into women’s relationship with exercise, body image beliefs, and sociocultural factors: a US/Italy cross-cultural comparison study.” LSU School of Kinesiology Director’s Research Award. Total: \$10,000. (2025 awarded).

**Hadfield, J.I.**, “Designing and Validating the Burdening Experiences in Womanhood Inventory.” Bill & Melinda Gates Foundation - Innovative Data and Modeling Approaches to Measure Women’s Health Grand Challenge. Total: \$139,354. (2025 submitted).

Hulteen, R., **Hadfield, J.I.** (Co-I), Allaway, H., & Wierds, C., “Efficacy of a Group-Based Dance Intervention to Reduce Stress and Improve Mental Health Outcomes in Midlife Women.” R21 NIH-NIA. Total: \$412,500. (2025 submitted).

**Hadfield, J.I.** (PI), “Exercise beliefs and experiences that influence intention to exercise postpartum among Latina, Black, and non-Latina white women in the US.” NIH Loan Repayment Program. (2025 under review).

**Hadfield, J.I.** (PI), “Exercise beliefs and experiences that influence intention to exercise postpartum: A racial-ethnic Comparison.” The LSU Board of Regents Support Fund: Research Competitiveness Subprogram. Total: \$96,821. (2025 under review).

**Hadfield, J.I.** (PI), Toselli, S., Fietz, H., & Choate, L., “Cultural Crossroads of the Body Ideal: A Mixed-Methods Study of Social Media, Sociocultural Pressures, and Exercise-Related Body Image in Italian and U.S. Women.” LSU Big Ideas in STEM and Social & Behavioral Sciences - Provost's Fund for Innovation in Research Phase 2. Total: \$98,482. (2025 under review).

Hulteen, R., & **Hadfield, J.I.** (Co-I). “Feasibility of the Women Exercising: Active, and Learning Together for Health (WEALTH) Trial.” LSU CHSE Faculty Research Grant. Total: \$7,160. (2024 awarded).

**Hadfield, J.I.** (PI), “An exploration into adult women’s relationship with exercise and fit ideal body image beliefs mediated by sociocultural factors: a US/Italy cross-cultural comparison.” LSU CHSE Dean's Internationalization Grant Program. Total: \$5,312. (2024 awarded).

**Hadfield, J.I.** (PI), “Exercise beliefs and experiences that influence intention to exercise during prenatal and postpartum periods among Latina, Black, and non-Latina white women in the US.” The Board of Regents Support Fund: Research Competitiveness Subprogram. Total: \$182,713. (2024 submitted).

**Hadfield, J.I.** (PI), Toselli, S., & Choate, L., “An exploration into women’s relationship with exercise, body image beliefs, and sociocultural factors: a US/Italy cross-cultural comparison study.” LSU 2025 Big Ideas in STEM and Social & Behavioral Sciences - Provost's Fund for Innovation in Research Phase 2. Total: \$92,940. (2024 submitted).

**Hadfield, J.I.** (PI), “Exercise beliefs and experiences that influence intention to exercise postpartum among Latina, Black, and non-Latina white women in the US.” LSU CHSE Faculty Research Award. Total: \$7,800. (2024 submitted).

**Hadfield, J.I.** (PI), “Exercise beliefs and experiences that influence intention to exercise postpartum among Latina, Black, and non-Latina white women in the US.” NIH Loan Repayment Program. (2024 submitted).

Hulteen, R., & **Hadfield, J.I.** (Co-I). “Implementation and initial efficacy of a service-learning course to enhance group fitness instruction.” NIRSA Foundation. Total: \$14,025. (2024 submitted).

**Hadfield, J.I.** (PI), Allaway, H., Thrasher, S., Stewart, T., Leonardi, C., & Hulteen, R., “Exercise Beliefs and Experiences that Influence Intention to Exercise during Prenatal and Postpartum Periods among Latina, Black and Non-Latina White Women in the US.” LSU & Our Lady of the Lake Health – Collaboration in Action. Total: \$233,278. (2024 submitted).

Allaway, H., **Hadfield, J.I.** (Co-I), & Thrasher, S., A racial-ethnic exploration into women’s sexual and reproductive health knowledge: A sociocultural comparison mixed-methods study. LSU & Our Lady of the Lake Health – Collaboration in Action. Total: \$241,000. (2024 submitted).

**Hadfield, J.I.** (PI), “An exploration into adult women’s relationship with exercise and fit ideal body image beliefs mediated by sociocultural factors: a US/Italy cross-cultural comparison.” LSU Provost's Fund for Innovation in Research - Scholarly & Creative Activity for the Arts, Humanities, Social & Behavioral Sciences. Total: \$7,000. (2023 awarded).

**Hadfield, J.I.** LSU Provost Travel Award. Total: \$1,000. (2023 awarded).

**Hadfield, J.I.** LSU College of Human Science and Education Travel Award. Total: \$1,500. (2023 awarded).

**Hadfield, J.I.** (PI), Stewart, T., “An exploration into adult women’s relationship with physical activity

engagement and 'fit' ideal body image beliefs mediated by sociocultural factors: a US/Italy cross-cultural comparison.” LSU School of Kinesiology Scholarship First Grant. Total: \$4,000. (2023 awarded).

Hulteen, R., & **Hadfield, J.I.** (Co-I). “Feasibility of the Women Exercising: Active, and Learning Together for Health (WEALTH) Trial.” LSU Provost's Fund for Innovation in Research - Scholarly & Creative Activity for the Arts, Humanities, Social & Behavioral Sciences. Total: \$7,500. (2023 awarded).

**Hadfield, J.I.** (PI), Stewart, T., & Leonardi, C. “Exercise beliefs and experiences that influence intention to exercise during prenatal and postpartum periods among Latina, Black, and non-Latina white women in the US.” LSU Provost Fund Big Idea Research Grant Phase 2. Total: \$74,935. (2023 submitted).

Allaway, H., **Hadfield, J.I.** (Co-I), & Thrasher, D., A racial-ethnic exploration into women’s sexual and reproductive health knowledge: A sociocultural comparison mixed-methods study.” LSU Provost Fund Big Idea Research Grant Phase 2. Total: \$75,000. (2023 submitted).

**Hadfield, J.I.**, (PI) “A racial-ethnic comparison of women's beliefs toward pre and postpartum exercise.” LSU College of Human Science and Education Research Grant. Total: \$8,000. (2023 submitted).

**Hadfield, J.I.** (PI), “Exercise beliefs and experiences that influence intention to exercise pre and postpartum among Latina, Black, and non-Latina white women in the US.” NIH Loan Repayment Program. (2023 submitted).

**Hadfield, J.I.** (PI), Guerra-Reyes, L., Dennis, B., & Jozkowski, K., “Exercise beliefs and experiences that influence intention to exercise during prenatal and postpartum periods among Latina, Non-Latin Black, and non-Latina white women in the US.” K99/R00 National Institute of Health. Total: \$441,434 (Indirect: \$35,314). (May 2022 submitted and scored)

**Hadfield, J.I.**, “Assessing sociocultural factors influencing Italian exercise culture and behaviors.” Indiana University Graduate International Fellowship. Total: \$9,000. (2018 awarded).

**Hadfield, J.I.**, Applied Health Science Graduate Appointee Fellowship. Total: \$4,000. (2018 awarded).

Kennedy-Armbruster, C., Middlestadt, S.E., Hollingsworth, P., & **Hadfield, J.I.** (Co-I). “Impact of a group movement physical activity community engagement program on health behavior outcomes of university employees within a workplace wellness initiative.” Total: \$5,000. (2017 awarded).

## RESEARCH

---

### Research Appointments

**Louisiana State University – School of Kinesiology** Baton Rouge, Louisiana  
Assistant Professor August 2023 – Present

**Università di Bologna – Department of Life Quality Studies** Rimini, Italy  
Visiting Professor 2024 - Present

**Indiana University School of Public Health – Applied Health Science** Bloomington, Indiana  
Postdoctoral Research Fellow August 2020 – July 2023

**Indiana University Center for Rural Engagement** Bloomington, Indiana  
Research Coordinator July 2019 – July 2020

Hadfield – CV

### Research Publications

**Hadfield, J. I.**, Hulteen, R., Parsons, J., & Allaway, H. (2025). Lived experiences and informed behavior change among premenopausal women in a group exercise trial: A qualitative inquiry. *Frontiers in Aging*, 6, 1712679. <https://doi.org/10.3389/fragi.2025.1712679>

**Hadfield, J.I.**, Toselli, S., & Leonardi, C., Adult women's relationship with physical activity engagement and "fit" ideal body image beliefs: a cross-cultural comparison. (2025 under review with *Acta Psychologica*)

**Hadfield, J.I.**, Major, L., Exploring the Influence of Social Media Use on Physical and Mental Health Perceptions Among Young Adult College Women: A Pilot Study. (2025 under review with *College Student Affairs*).

Parson, J., Hulteen, R., **Hadfield, J.I.**, A Qualitative Exploration of Physical Activity Guideline Knowledge and Experiences Among US College Students. (2025 in progress, intended submission to the *Journal of American College Health*)

Hulteen, R., Allaway, H., & **Hadfield, J.I.**, Feasibility of the Women Exercising, Active, and Learning Together for Health Intervention (WEALTH) single-arm trial. (2025 in progress, intended submission to *Women and Aging*)

Allaway, H., & **Hadfield, J.I.**, Davis, N., Hulteen, R., The Effect of Group-Based Interventions on Improving Physical Activity in Midlife Women: A Systematic Review. (2025 in progress, intended submission to *Journal of Physical Activity and Health*)

**Hadfield, J.I.**, Toselli, S., & Ameh, C. Cultural Variances with Body Ideal Internalizations among Italian and US Women: A Critical Events Analysis. (2025 in progress, intended submission to *Body & Society*)

**Hadfield, J.I.**, & Ferris, A., A Salient Belief Elicitation of Postpartum Exercise Beliefs among Latina, Black, and White Women in the US. (2025 in progress with intended submission to *Journal of Racial and Ethnic Health Disparities*)

Haus, K., **Hadfield, J.I.**, Dennis, B., LaRoche, K., Jozkowski, K. (2024). Doorways of Understanding: An Emergent Metaphor Analysis. *Forum: Qualitative Social Research*. 25(1).

**Hadfield, J.I.**, Laroche, K. J., Lo, W. J., Turner, R. C., Crawford, B. L., & Jozkowski, K. N. (2023). Examining differences in attitudes toward legal abortion in cases of endangered mental health for pregnant women: Insights from a US national survey. *The Social Science Journal*, 1-11.

**Hadfield, J.I.**, Guerra-Reyes, L., Huber, L., Major, L., & Kennedy-Armbruster, C. (2023). The message matters: Advertisement framing and college women's beliefs toward exercise. *Journal of American College Health*, 1-12.

**Hadfield, J. I.**, Guerra-Reyes, L., Huber, L., Major, L., & Kennedy-Armbruster, C. (2022). Framing well: how advertisement framing impacts young adult female intention to engage in exercise behaviors. *International Journal of Community Well-Being*, 1-18.

**Hadfield, J.,** Kennedy-Armbruster, C., Huber, L., & Middlestadt, S. (2020). Physical Activity in the Workplace—Making the Healthy Choice the Easy Choice. *Building Healthy Academic Communities Journal*, 4(2), 41-56.

## **Books**

**Hadfield, J.I.,** Women on the Move: A Reframing of Women’s Exercise Culture in the US. (2025 under exclusive review with *Indiana University Press*).

## **International Conferences Proceedings**

**Hadfield, J.I.,** Toselli, S., Leonardi, C., (July 2025). *Adult women’s relationship with physical activity engagement and “fit” ideal body image beliefs: a cross-cultural comparison*. European College of Sport Sciences Annual Congress. Rimini, Italy.

**Hadfield, J.I.,** (October, 2024). Women’s Physical Activity Behaviors Across the Lifespan. The Global Observatory for Gender & Equality in Sport. Gender Equality and Sport + Conference 2024: From Research to Action. Lausanne, Switzerland.

## **U.S. National Conferences Proceedings**

Hulteen, R., Allaway, H., **Hadfield J.I.,** (2025). *Feasibility of the Women Exercising, Active, and Learning Together for Health Intervention (WEALTH) single-arm trial*. Society of Behavioral Medicine. San Francisco, California.

**Hadfield, J.I.,** Hulteen, R., Allaway, H., (2025). *Lived Experiences and Informed Behavior Change Among Premenopausal Women in the Women Exercising: Active and Learning Together for Health (WEALTH) Trial*. San Francisco, California.

**Hadfield, J.I.,** Guerra-Reyes, L., Huber, L., Major, L., & Kennedy-Armbruster, C. (November, 2023). *The message matters: Advertisement framing and college women’s beliefs towards exercise*. American Public Health Association. Annual Conference. Atlanta, Georgia.

**Hadfield, J.I,** Dennis, B., Haus, K., LaRoche, K., Jozkowski, K. (November, 2023). *Emergent thinking in attitude flexibility: Introspection in qualitative interviews on abortion*. American Public Health Association. Annual Conference. Atlanta, Georgia.

Buyuker, B., Jozkowski, K., Crawford, B., Bueno, X., **Hadfield, J.I.,** Turner, R., Lo, W., (November, 2023). *Abortion attitudes among Latinx in the US: Findings from the general social survey*. American Public Health Association. Annual Conference. Atlanta, Georgia.

**Hadfield, J.,** Guerra-Reyes L., Huber L., Major L., Kennedy-Armbruster C. (November, 2022). *Framing Well: How Advertisement Framing Impacts College Women’s Intention to Engage in Exercise*. American Public Health Association Annual Conference. Boston, Massachusetts.

**Hadfield, J.,** Bueno, X., Ezike, N. Lo, W. Turner, R., Jozkowski, K., Crawford, B. (November, 2022). *Exploring the Role of Political Engagement and Abortion Law Knowledge with Support for Abortion Access: A Focus on Racial-Ethnic Disparities*. American Public Health Association Annual Conference. Boston, Massachusetts.

Jozkowski, K., Crawford, B., Buyuker, B., Bueno, X., Mena-Melendez, L., **Hadfield, J.,** LaRoche, K., Turner, R., Lo, W. (November, 2022). *Peoples’ Awareness and Knowledge of and Sentiments toward Texas’ and Mississippi’s Abortion Laws: Results from a Nationally Representative Study*. American Public Health Association Annual

Conference. Boston, Massachusetts.

Bueno, X., Buyuker, B., Mena-Melendez, L., **Hadfield, J.**, LaRoche, K., Jozkowski, J., Crawford, B., Turner, R., Lo, W. (November, 2022). *Knowledge and Attitudes toward State-level Abortion Laws: The Cases of Texas and Mississippi*. American Public Health Association Annual Conference. Boston, Massachusetts.

Crawford, B., Bueno, X., Buyuker, B., **Hadfield, J.**, Turner, R., Lo, W., (November, 2022). *Does political party affiliation and identification with pro-life and pro-choice labels moderate the relationship between abortion and reproductive health-knowledge and abortion attitudes?* American Public Health Association Annual Conference. Boston, Massachusetts.

Mena-Meléndez, L., Bueno, X., Buyuker, B., **Hadfield, J.**, LaRoche, K., Jozkowski, K., Crawford, B., Turner, R., Lo, W. (November, 2022). *Does the Supreme Court decision in Dobbs v. Jackson Women's Health Organization influence people's knowledge and sentiment about abortion?* American Public Health Association Annual Conference. Boston, Massachusetts.

**Hadfield, J.**, Bueno, X., Ezike, N. Lo, W. Turner, R., Jozkowski, K., Crawford, B. (May, 2022). *Exploring the Role of Political Engagement and Abortion Law Knowledge with Support for Abortion Access: A Focus on Racial/Ethnic Disparities*. American Association for Public Opinion Research. Chicago, Illinois.

**Hadfield, J.**, Turner, R., Valdez, D., Lo, W., Crawford, B. Jozkowski, K. (October, 2021). *Exploring how reproductive health experiences and socio-demographics effect US Latinx beliefs regarding abortion in the context of maternal mental health endangerment*. American Public Health Association Annual Conference. Virtual format.

**Hadfield, J.**, La Roche, K., Turner, R., Lo, W., Crawford, B. Jozkowski, K. (October, 2021). *Examining racial and ethnic differences for attitudes towards legal abortion in cases of endangered mental health for the pregnant woman*. American Public Health Association Annual Conference. Virtual format.

**Hadfield, J.** (October, 2020). *Moving Towards Physical Activity Equality: How Advertisement Framing Impacts Young Adult Female Beliefs and Intention to Engage in Movement Behaviors*. National Conference on Health Communication, Marketing, and Media. Virtual format.

**Hadfield, J.** (April, 2018). *Case Study Examination of a Worksite Group-based Physical Activity Program and its Impact on Physical Activity Engagement in the Workplace*. American College of Sports Medicine Health and Fitness Summit. Washington, D.C.

Kennedy-Armbruster, C., **Hadfield, J.**, Deinhart, M. (April, 2018). *Ready to Move: A Unique University Worksite Wellness Initiative*. American College of Sports Medicine Health and Fitness Summit. Washington, D.C.

### **Local and Regional Presentations**

**Hadfield, J.** (October, 2023). *Women's Exercise Engagement: Exploring Social and Cultural Structures*. Louisiana Association for Health, Physical Education, Recreation, and Dance Convention. Baton Rouge, Louisiana.

**Hadfield, J.** (September, 2023). *Stress and Exercise in Education*. Louisiana Council for Exceptional Children Educators Retreat. Lafayette, Louisiana.

**Hadfield, J.** (April, 2018). *Examination of a Worksite Group-based Physical Activity Program and its Impact on Physical Activity Engagement in the Workplace*. Indiana University School of Public Health Research Day. Bloomington, Indiana.

**Hadfield, J.** (February, 2016). *The History and Evolution of Group Exercise*. University Recreational Sports Midwestern Fitness Conference. West Lafayette, Indiana.

### **National Organizations: Invited Presenter**

**Hadfield, J.**, (2020). *Workplace Physical Activity Made Easy*. National Wellness Institute. Virtual format.

### **Campus Talks**

**Hadfield, J.**, (2022). *Health behavior theory and qualitative research: A Reasoned Action Approach focus*. Indiana University School of Public Health.

**Hadfield, J.**, (2020). *Framing theory in health communication*. Indiana University Media School.

**Hadfield, J.**, (2020). *Linking health behavior theoretical approaches to qualitative research designs*. Indiana University School of Public Health.

### **Ongoing Research Projects**

#### **Examining The Relationship Between Social Media, Beauty, Fitness, and Health Among Young Women in the US**

This study examines how young adult women's social media use influences their perceptions and behaviors related to physical and mental health, and how this relationship affects their exercise behaviors. **This work is crucial for developing culturally sensitive public health messaging strategies in the digital age, particularly given the disproportionate impact of social media on body image and physical activity levels among young women.**

PIs: Hadfield & Major

#### **An exploration into adult women's relationship with physical activity engagement and “fit” ideal body image beliefs mediated by sociocultural factors: a US/Italy cross-cultural comparison**

This study cross-culturally explores the relationships between Italian and US adult women's exercise engagement and fit ideal body image beliefs, mediated by sociocultural factors, using the Tripartite Model of Body Image. **Understanding these cross-cultural differences is fundamental for designing interventions that are both universally relevant and culturally tailored to promote a positive body image and physical activity.**

PIs: Hadfield & Toselli

#### **Feasibility of the Women Exercising: Active, and Learning Together for Health (WEALTH) Trial**

I am leading the qualitative inquiry and intervention instruction. The aim is to increase the intervention with additional funding awards and disseminate papers based on this exercise intervention trial. **This project contributes directly to the development of scalable, evidence-based physical activity interventions for women, aligning with NIH's focus on translational research and community health.**

PIs: Hulteen, Hadfield, Allaway

#### **A comparison of exercise beliefs and experiences among prenatal and postpartum Latina, Black, and non-Latina white women in the US**

This study examines and compares the beliefs and experiences of Latina, Black, and non-Latina white women regarding pre- and postpartum exercise. This mixed-methods study has been conceptualized, and funding mechanisms have been sought. Deliverables will be scaled-up funding awards, publications, and conference presentations. I am the lead investigator.

Hadfield – CV

## TEACHING

---

### Academic Appointments

<b>Louisiana State University – School of Kinesiology</b> Assistant Professor	Baton Rouge, Louisiana Fall 2023 – Present
<b>Università di Bologna – Department of Life Quality Studies</b> Visiting Professor	Rimini, Italy 2024 – Present
<b>Indiana University School of Public Health – Applied Health Science</b> Adjunct Faculty	Bloomington, Indiana Fall 2020 – May 2023
<b>Indiana University School of Public Health – Applied Health Science</b> Associate Instructor	Bloomington, Indiana October 2016 – May 2020
<b>Indiana University School of Public Health - Kinesiology</b> Assistant Instructor	Bloomington, Indiana August 2015 - December 2019
<b>Indiana University School of Public Health – Applied Health Science</b> Graduate Assistant Instructor	Bloomington, Indiana Fall 2018
<b>Indiana University School of Public Health – Applied Health Science</b> Teaching Assistant	Bloomington, Indiana January 2015 – May 2015

### Courses Taught

*Note: Approximate enrollment numbers listed*

#### Louisiana State University – School of Kinesiology

KIN 4520 – Psychosocial Aspects of Physical Activity  
Fall 2025, 2 sections 40 undergraduate students  
Summer 2025, 30 online undergraduate students  
Spring 2025, 2 sections 30 undergraduate students per section  
Fall 2024, 2 sections 45 undergraduate students per section  
Summer 2024, 30 online undergraduate students  
Spring 2024, 45 undergraduate students  
Fall 2023, 45 undergraduate students

KIN 4606 – Introduction to Health Promotion  
Summer 2025, 30 online undergraduate students  
Summer 2024, 30 online undergraduate students

KIN 7574 – Qualitative Research in Kinesiology  
Fall 2025, 15 online graduate students  
Summer 2025, 30 online graduate students  
Spring 2025, 40 online graduate students  
Fall 2024, 40 online graduate students  
Spring 2024, 40 online graduate students  
Fall 2023, 45 online graduate students



Indiana University – Bloomington, Department of Applied Health Science

H236 – Personal Health

Fall 2022, 110 online undergraduate students

H305 – Women’s Health

Spring 2022, 125 online undergraduate students

H180 – Stress Prevention & Management

Spring 2023, 150 online undergraduate students  
Spring 2022, 160 online undergraduate students  
Spring 2021, 150 online undergraduate students  
Fall 2020, 100 online undergraduate students  
Spring 2020, 150 online undergraduate students  
Fall 2019, 150 online undergraduate students  
Summer 2019, 60 online undergraduate students  
Spring 2019, 60 undergraduate students  
Fall 2018, 10 undergraduate students  
Summer 2018, 5 undergraduate students  
Spring 2018, 55 undergraduate students  
Fall 2018, 60 undergraduate students  
Spring 2017, 85 undergraduate students  
Fall 2017, 45 undergraduate students

H306 – Men’s Health

Fall 2016 – 40 undergraduate students

Indiana University – Bloomington, Department of Kinesiology

I109 – Group Exercise

Spring 2019, 30 undergraduate students  
Spring 2018, 60 undergraduate students  
Fall 2017, 15 undergraduate students  
Fall 2017, 10 undergraduate students

K217 – Behavioral Aspects of Group Exercise Instruction

Fall 2015, 30 undergraduate students  
Spring 2016, 30 undergraduate students  
Fall 2016, 30 undergraduate students  
Spring 2017, 30 undergraduate students  
Fall 2017, 30 undergraduate students

**Graduate Student Committees**

**Jenna Pearsons, Doctoral Candidate - Kinesiology**  
Committee Member

In Progress

**Hannah Derouen, Doctoral Candidate - Anthropology**  
Committee Member

In Progress

**Honors Thesis**

Hadfield – CV

**Katherine Ferrier, Undergraduate Honors Student – Kinesiology**  
Thesis Advisor

In Progress

---

## CURRICULUM DESIGN

---

<b>Louisiana State University School of Kinesiology</b> Study abroad program design for kinesiology (gender and exercise culture)	Baton Rouge, Louisiana Summer 2025
<b>Louisiana State University School of Kinesiology</b> Graduate course centered on gender and exercise/sport culture	Baton Rouge, Louisiana Fall 2025
<b>Louisiana State University College of Human Science &amp; Education</b> 3+2 Accelerate Pathway M.P.H. program design consultant	Baton Rouge, Louisiana Spring 2025
<b>Indiana University School of Public Health</b> C.E.P.H. Accreditation Graduate and Undergraduate Online Course Design Consultant	Bloomington, Indiana Spring 2019

---

## SERVICE

---

### Department and University Service

<b>LSU Assistant Professor in Public Health/Kinesiology Search Committee</b> Committee Member	Baton Rouge, Louisiana Spring 2025
<b>Louisiana State University Wellness Director Search Committee</b> Committee Member	Baton Rouge, Louisiana Fall 2023 – Spring 2024
<b>Indiana University Postdoctoral Association</b> Member	Bloomington, Indiana Spring 2021- May 2023
<b>Indiana University School of Public Health – Kinesiology Department</b> Course Design and Textbook Consultant	Bloomington, Indiana Summer 2017
<b>Indiana University School of Public Health – Kinesiology Department</b> Worksite Wellness Service-Learning Program Coordinator	Bloomington, Indiana March 2017- May 2017

### Service to Profession

<b>Frontiers in Sports and Active Living: Women in Sport</b> Associate Editor	2025 – Present
<b>Global Observatory for Gender Equality in Sport</b> Advisory Council Member	2025 – Present
<b>Global Observatory for Gender Equality in Sport</b> Academic Partnership Member	2025 – Present
<b>Journal of Motor Behavior</b> Reviewer	Ad hoc

<b>Psychology of Popular Media</b> Reviewer	Ad hoc
<b>Research Quarterly for Exercise and Sport</b> Reviewer	Ad hoc
<b>The American Journal of Obstetrics &amp; Gynecology Maternal Fetal Medicine</b> Reviewer	Ad hoc
<b>The Journal of Racial and Ethnic Health Disparities</b> Reviewer	Ad hoc
<b>Translational Journal of the American College of Sports Medicine</b> Reviewer	Ad hoc
<b>National Aerobics and Trainers Association</b> Subject Matter Expert	Ad hoc

### Community Service

<b>Echo Dance Company</b> Founder & Director	Bloomington, Indiana 2015 – Present
<b>North Coast National Girls &amp; Women in Sport Symposium</b> Invited Guest Speaker	Crescent City, California Spring 2025
<b>Be Golden Women’s Empowerment Conference</b> Speaker	Bloomington, Indiana October 2018 & 2019
<b>Get On Board Active Learning (G.O.A.L.)</b> Elementary School Active Living Instructor	Bloomington, Indiana 2014 – 2015
<b>Spark Weekend</b> Movement Specialist and Dance Liaison	Bloomington, Indiana 2019

---

### PROFESSIONAL AFFILIATIONS

---

<b>American Association of University Women</b> Recipient/Member	2025 – Present
<b>Global Observatory for Gender Equality in Sport</b> Member/Attendee	2024 – Present
<b>Society of Behavioral Medicine</b> Attendee/Member	2024 – Present
<b>American Public Health Association</b> Attendee/Member	2020 – Present
<b>American Association for Public Opinion Research</b> Attendee/Member Hadfield – CV	2021 - 2022

**Society for Family Planning**  
Attendee/Member 2021

**American College of Sports Medicine**  
Member 2017- 2019

---

### PROFESSIONAL DEVELOPMENT

---

**LSU Office of Research and Economic Development Summer Grant Writing Institute** 2024  
Attendee

**LSU Online & Continuing Education's 2024 Spring Innovation Series** 2024  
Attendee

**Indiana University Scholarship of Teaching and Learning Workshop:** 2019  
*Bandwidth Recovery: Helping Students Reclaim Cognitive Resources Lost to Poverty, Racism, and Other "Differentisms"*  
Attendee

---

### HEALTH AND WELLNESS INDUSTRY EXPERIENCE

---

**Ethos Cycling, LLC.** Bloomington, Indiana  
Operations Manager November 2017 – May 2018

**Indiana University Bloomington Campus Recreational Sports** Bloomington, Indiana  
Graduate Assistant of Fitness/Wellness July 2014 - May 2016

**Healthy IU – Indiana University** Bloomington, Indiana  
Health Behavior Coach August 2014 - May 2015

**Strong Survivors – Southern Illinois University** Carbondale, Illinois  
Cancer Exercise Specialist July 2013 - June 2014

**Southern Illinois University - Carbondale Student Recreation Center** Carbondale, Illinois  
Fitness/Instructional Programs Assistant and Instructor July 2012 - May 2014

**Southern Illinois University - Carbondale Athletics** Carbondale, Illinois  
Strength and Conditioning Internship June 2013 - August 2013

---

### INTERNATIONAL EXPERIENCE

---

**Universita di Bologna – Department of Life Quality Studies** Rimini, Italy  
Visiting Professor Summer 2024, Summer 2025

**Universita di Bologna** Bologna, Italy  
Visiting Doctoral Student November 2018 – January 2019

**Romeing Magazine** Rome, Italy  
Writer Spring 2011

Hadfield – CV

## LANGUAGE SKILLS

---

### **Spanish**

Excellent with reading, speaking, and writing

### **Italian**

Excellent with reading, speaking, and writing

## CAREER PAUSES

---

<b>Medical Health Issues</b>	2018
<b>Family Formation – Childbirth and Postpartum Healing</b>	2021
<b>Sick Leave</b>	2022